



Start Presentation

Philippians 4:10-13

Not that I am implying that I was in any personal want, for I have learned how to be content (satisfied to the point where I am not disturbed or disquieted) in whatever state I am.

I know how to be abased and live humbly in straitened circumstances, and I know also how to enjoy plenty and live in abundance. I have learned in any and all circumstances the secret of facing every situation, whether well-fed or going hungry, having a sufficiency and enough to spare or going without and being in want.

I have strength for all things in Christ Who empowers me [I am ready for anything and equal to anything through Him Who infuses inner strength into me; I am self-sufficient in Christ's sufficiency]. [AMP]

2 Corinthians 11:23-27

Five different times the Jewish leaders gave me thirty-nine lashes. Three times I was beaten with rods. Once I was stoned. Three times I was shipwrecked. Once I spent a whole night and a day adrift at sea. I have traveled on many long journeys. I have faced danger from rivers and from robbers.

I have faced danger from my own people, the Jews, as well as from the Gentiles. I have faced danger in the cities, in the deserts, and on the seas. And I have faced danger from men who claim to be believers but are not. I have worked hard and long, enduring many sleepless nights. I have been hungry and thirsty and have often gone without food. I have shivered in the cold, without enough clothing to keep me warm.




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CONTENTMENT



Contentment Is A Choice

1 Timothy 6:10-11 Unplugging From Money

For the love of money is a root of all kinds of evil, for which some have strayed from the faith in their greediness, and pierced themselves through with many sorrows.

But you, O man of God, flee these things and pursue righteousness, godliness, faith, love, patience, gentleness.

Luke 14:26 Unplugging From People

"If anyone comes to Me and does not hate his father and mother, wife and children, brothers and sisters, yes, and his own life also, he cannot be My disciple."

James 1:2-5 Unplugging From Circumstances

My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience.

But let patience have its perfect work, that you may be perfect and complete, lacking nothing.

Galatians 5:16, 19-21 Unplugging From Self

I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.

Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, envy, murders, drunkenness, revelries, and the like.

Philippians 4:11-13 Plugging Into God

Not that I speak in regard to need, for I have learned in whatever state I am, to be content: I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need.

I can do all things through Christ who strengthens me.

I have strength for all things in Christ Who empowers me [I am ready for anything and equal to anything through Him Who infuses inner strength into me; I am self-sufficient in Christ's sufficiency]. [AMP]



Contentment Is Learned

Philippians 4:10-12

Not that I am implying that I was in any personal want, for I have learned how to be content (satisfied to the point where I am not disturbed or disquieted) in whatever state I am.

I know how to be abased and live humbly in straitened circumstances, and I know also how to enjoy plenty and live in abundance. I have learned in any and all circumstances the secret of facing every situation, whether well-fed or going hungry, having a sufficiency and enough to spare or going without and being in want.

Philippians 4:10-13 Plugging Into Worship

And when they had laid many stripes on them, they threw them into prison, commanding the jailer to keep them securely.

Having received such a charge, he put them into the inner prison and fastened their feet in the stocks.

But at midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them.

2 Timothy 1:6-7 Plugging Into The Spirit

Therefore I remind you to stir up the gift of God which is in you through the laying on of my hands.

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

Colossians 3:16, Hebrews 4:12 Plugging Into The Word

Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.

1 John 4:18-19 Plugging Into Love

There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.

We love Him because He first loved us.

Contentment

- **Contentment Is A Choice**
- **Contentment Is Learned**




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The End

The background features abstract geometric shapes in various shades of gray. On the left, a solid gray trapezoidal shape is partially visible. On the right, there is a complex arrangement of overlapping, semi-transparent gray polygons and lines, creating a layered, architectural effect.