



Start Presentation

Philippians 2:25-28

Meanwhile, I thought I should send Epaphroditus back to you. He is a true brother, co-worker, and fellow soldier. And he was your messenger to help me in my need.

I am sending him because he has been longing to see you, and he was very distressed that you heard he was ill. And he certainly was ill; in fact, he almost died. But God had mercy on him—and also on me, so that I would not have one sorrow after another.

So I am all the more anxious to send him back to you, for I know you will be glad to see him, and then I will not be so worried about you.

Philippians 2:29-30

Receive him therefore in the Lord with all gladness, and hold such men in esteem; because for the work of Christ he came close to death, not regarding his life, to supply what was lacking in your service toward me.

For he risked his life for the work of Christ, and he was at the point of death while doing for me what you couldn't do from far away. [NLT]



DOOR OF LIFE SUNDAY SERVICE
HOW TO UN-BURNOUT



One Day At A Time
You Don't Have To Know Everything

Matthew 6:31-34

"Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'"

For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things.

But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.



God will
Provide!

Philippians 4:6-8

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

John 21:18-21

“I tell you the truth, when you were young, you were able to do as you liked; you dressed yourself and went wherever you wanted to go. But when you are old, you will stretch out your hands, and others will dress you and take you where you don’t want to go.”

Jesus said this to let him know by what kind of death he would glorify God. Then Jesus told him, “Follow me.”

Peter turned around and saw behind them the disciple Jesus loved—the one who had leaned over to Jesus during supper and asked, “Lord, who will betray you?” Peter asked Jesus, “What about him, Lord?”

John 21:22-23

Jesus replied, “If I want him to remain alive until I return, what is that to you? As for you, follow me.”

So the rumor spread among the community of believers that this disciple wouldn't die. But that isn't what Jesus said at all.

He only said, “If I want him to remain alive until I return, what is that to you?”



Just Do Your Job
You Don't Have To Do Everything

1 Corinthians 12:14-20

For in fact the body is not one member but many. If the foot should say, "Because I am not a hand, I am not of the body," is it therefore not of the body?

And if the ear should say, "Because I am not an eye, I am not of the body," is it therefore not of the body? If the whole body were an eye, where would be the hearing? If the whole were hearing, where would be the smelling?

But now God has set the members, each one of them, in the body just as He pleased. And if they were all one member, where would the body be? But now indeed there are many members, yet one body.

Ephesians 4:16

From whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love.

He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love. [NLT]

Ephesians 2:10

For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.



Learn To Lay Down
You Don't Have To Fix Everything

Psalm 23:1-3

The LORD is my shepherd; I shall not want.

**He makes me to lie down in green pastures;
He leads me beside the still waters.**

**He restores my soul;
He leads me in the paths of righteousness
For His name's sake.**

Matthew 11:28-30

Come to Me, all you who labor and are heavy laden, and I will give you rest.

Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls.

For My yoke is easy and My burden is light."

Revelation 3:20

Behold, I stand at the door and knock; if anyone hears and listens to and heeds My voice and opens the door, I will come in to him and will eat with him, and he [will eat] with Me.

How To Un-Burnout

- **One Day At A Time**
You Don't Have To Know Everything
- **Just Do Your Job**
You Don't Have To Do Everything
- **Learn To Lay Down**
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HOW TO UN-BURNOUT

The End

The background features abstract geometric shapes in various shades of gray. On the left, a solid gray trapezoidal shape is partially visible. On the right, there is a complex arrangement of overlapping, semi-transparent gray polygons and lines, creating a layered, architectural effect.